



THE
**BEHAVIOR
CHANGE**

PHYSICIAN REFERRAL KIT

A Simple Guide to Referring
Children for ABA Therapy



Supporting physicians and families
throughout the ABA referral process.

FLORIDA + TEXAS



IN-HOME



SCHOOL-BASED



DAYCARE-BASED ABA THERAPY

WHEN TO CONSIDER AN ABA REFERRAL

ABA may be appropriate when developmental or behavioral challenges are interfering with a child's communication, independence, safety, learning, or everyday functioning.

CONSIDER A REFERRAL WHEN YOU OBSERVE OR FAMILIES REPORT:



COMMUNICATION

- Difficulty expressing wants or needs
- Limited functional communication
- Communication-related frustration



SOCIAL DEVELOPMENT

- Difficulty engaging with peers
- Limited reciprocal interaction
- Challenges participating in social activities



BEHAVIOR & REGULATION

- Frequent or intense tantrums
- Aggression
- Self-injurious behavior
- Difficulty with transitions or changes in routine



SAFETY

- Elopement or wandering
- Limited awareness of danger
- Behaviors creating safety concerns



DAILY LIVING

- Toileting challenges
- Feeding concerns
- Difficulty developing age-appropriate independence
- Challenges completing everyday routines



SCHOOL & DAYCARE

- Difficulty participating in classroom routines
- Behaviors interfering with learning
- Challenges transitioning between activities
- Difficulty functioning independently in educational settings



A referral does not determine whether ABA is appropriate.

It allows the family and clinical team to explore the child's needs and determine the appropriate next steps.

**DOWNLOAD OUR
AUTISM SCREENING
CHEAT SHEET**



WHO WE SERVE + WHAT WE PROVIDE

The Behavior Change provides individualized ABA services for children with varying ages, abilities, and support needs.

Treatment goals are determined based on each child's individual needs—not simply their diagnosis.



COMMUNICATION

Helping children develop functional ways to communicate their wants, needs, and experiences.



SOCIAL SKILLS

Building meaningful interaction, play, participation, and relationship skills.



BEHAVIOR SUPPORT

Understanding why behaviors occur and developing safer, more functional alternatives.



DAILY LIVING SKILLS

Supporting independence with routines such as dressing, toileting, feeding, and self-care.



SCHOOL READINESS & PARTICIPATION

Developing skills that support participation, transitions, learning, and independence in educational settings.



CAREGIVER SUPPORT

Helping families understand strategies and carry meaningful skills into everyday routines.

WHERE SERVICES HAPPEN



IN-HOME ABA

Therapy within the child's natural home environment.



SCHOOL-BASED ABA

Support integrated into the child's educational setting.



DAYCARE-BASED ABA

ABA support within everyday daycare routines and interactions.

WHAT HAPPENS AFTER YOU REFER?

From referral to ABA services.



A



01 PHYSICIAN REFERRAL

Your practice submits the patient's information and available supporting documentation.



02 FAMILY CONTACT

Our intake team contacts the parent or guardian, typically within 1–2 business days.



03 INSURANCE VERIFICATION

We verify the family's ABA benefits and explain coverage, authorization requirements, and next steps.



04 AUTHORIZATION

When required, documentation is submitted to the insurance provider for authorization.



05 INITIAL ABA ASSESSMENT

Once appropriate authorization is obtained, a BCBA conducts the formal assessment with the family and child. The assessment helps identify needs, establish goals, and inform the individualized treatment plan.

B



06 TREATMENT BEGINS

Once requirements and authorizations are completed, ABA services can begin based on the child's individualized treatment plan.



OUR GOAL

Make the transition from physician recommendation to ABA care as clear as possible for the family.

WHAT TO INCLUDE WITH A REFERRAL

Help us process your referral efficiently.



PHYSICIAN REFERRAL / ORDER

Documentation recommending ABA services.



DIAGNOSTIC EVALUATION

Relevant autism diagnostic documentation, if already completed.



INSURANCE INFORMATION

Front and back of the patient's insurance card, when available.



WHAT IF THE CHILD DOESN'T HAVE A DIAGNOSIS YET?

A family may still contact The Behavior Change if autism is suspected or they are awaiting an evaluation.

Our team can help explain what documentation may be required before ABA services can begin.

WE WORK WITH MANY MAJOR INSURANCE PLANS



AND MORE

Insurance participation varies by state, individual plan, eligibility, and benefits. Our intake team verifies each family's coverage before services begin.

VERIFY
INSURANCE



REFER A PATIENT TO THE BEHAVIOR CHANGE



APPROPRIATE REFERRALS MAY INCLUDE:

- ✓ Communication
- ✓ Social development
- ✓ Challenging behavior
- ✓ Emotional/behavioral regulation
- ✓ Aggression
- ✓ Self-injury
- ✓ Safety / elopement
- ✓ Daily living skills
- ✓ School participation
- ✓ Developmental delays



WHAT HAPPENS NEXT?

We contact the family within 1-2 business days.

Our intake team will guide them through insurance verification and the next steps toward ABA services.

INFORMATION TO SEND:

- ✓ Physician referral
- ✓ Diagnostic evaluation, if available
- ✓ Insurance information, if available

REFER ONLINE

Scan to securely submit a patient referral.



REFER A PATIENT



**THE
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FLORIDA
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